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min rub

### FITNESS AND WELLNESS CENTRE

### Annual Membership Cards\*

#### Family Cards

Basic Family Card (2 adults + 2 children under 13 years old)

495 000

#### Cardholder Privileges

Body Composition Diagnostics on the Inbody Device - 2

Hydropower Complex - 2

Lymphatic drainage massage - 2

Fitness Training for 2 persons - 2

Japanese detox module Iyashi Dome - 2

Solarium - 10 sessions for 5 min

Guest Visits - 2

15% Discount for all services, apart from SPA-programs

The card can be frozen in aggregate for 30 days, the minimum duration is 10 days.

<sup>\*</sup> When buying a semi-annual card, the cost will be 70% of the cost of an annual card.

min rub

#### **Individual Cards**

Basic Individual Card 345 000

#### Cardholder Privileges

Body Composition Diagnostics on the Inbody Device - 1

Hydropower Complex - 1

Lymphatic drainage massage - 1

Personal Fitness Training - 1

Japanese detox module Iyashi Dome - 1

Solarium - 10 sessions for 5 min

Guest Visits - 2

15% Discount for all services, apart from SPA-programs

The card can be frozen in aggregate for 30 days, the minimum duration is 10 days.

### Single Visits\*

One-Time Visit for an Adult	13 000
One-time visit for a child under 13	6 500
Individual club card for a month	55 000
Family club card for a month	75 000
Children's card up to 13 years old for one year	150 000
Coach card for the year	115 000

<sup>\*</sup> When the amount of the check for spa services is more than 25,000 rubles. access to the aqua and fitness zones is included in the price of services.

	min	rub
Personal Trainings*		
Personal Training	55	5 000
Training for two persons	55	7 000
Pilates	55	6 500
Pilates for two persons	55	8 000
Neurogymnastics	55	6 000
Rental of a Space for Functional Training	55	6 000
Solarium		
Solarium	1	150

<sup>\*</sup> When buying a training block - 10% discount. Discounts are not cumulative.



	min	rub
Spa doctor's consultation (initial doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	60	6 900
Spa doctor's consultation (doctor's consultation, body composition diagnostics on the Inbody apparatus, individual selection of wellness procedures and SPA programs)	30	5 000
Body Composition Analysis (Inbody Device)	20	4 000
Spa Doctor Consultation (access to procedures)	15	2 500

min

rub

Balneology Japanese detox module lyashidome - 1 session 7 000 Japanese detox module lyashidome - 10 sessions 63 000 Thalasso Peeling (Fluid-Gommage Arctic/Fluid -6 400 30 Gommage with Gueranda salt) Peeling Sultan de Saba 30 6 900 Thalasso Bath with Dry Sea Water Mist / 20 4 900 with Sea Crystals Hydromassage bath with Spitzner elixirs 20 4 900 Underwater Shower-Massage 30 7 000 **Charcot Shower** 10 3 300 Fleury Shower 10 3 300 Sultan de Saba Mud Wrap (total) 8 000 20 Thalasso mud wrap (total) 8 000 20 Mud wrap (with Saka mud) 20 8 000 Local Mud Application 3 500 20 (\*prescribed by the spa doctor)

min

rub

**BALNEOLOGICAL PROGRAMS** Thalasso Hydropower Complex Spa doctor's consultation 15 Thalasso bath with dry sea spray 20 water /with sea crystals Thalasso total body wrap (Algoserum 20 "Green tea" / Algoserum "Remineralizing") Fleury Shower 10 65 16 200 Price Hydropower Complex + Sultan de Saba wrap Spa doctor's consultation 15 Bath with dry sea water spray / 20 sea crystals Ayurveda wrap Sultan De Saba 20 Fleury Shower 10 65 16 200 Price

	min	rub
Thalasso Antistress Program		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Thalasso bath with dry sea spray water /with sea crystals	20	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Fleury Shower	10	
Moisturizing care (moisturizing body milk)	5	
Price	100	20 500
Thalasso Detox Program		
Spa doctor's consultation	15	
Thalasso Peeling (Fluid-Gommage Arctic/Fluid - Gommage with Gueranda salt)	30	
Underwater shower-massage with sprayed dry sea water /with sea crystals	30	
Thalasso total body wrap (Algoserum "Green tea"/ Algoserum "Remineralizing")	20	
Moisturizing care (moisturizing body milk)	5	
Price	100	19 500

min rub Express Relax program Spa doctor's consultation 15 Thalasso bath with dry sea spray water /with sea 20 crystals Body mask "Thalasso Magnesium" (total wrap) 20 5 Moisturizing care (moisturizing body milk) Price 60 12 000 Spa Day Thalasso program Spa doctor's consultation 15 Thalasso Peeling (Fluid-Gommage Arctic/Fluid -30 Gommage with Gueranda salt) Thalasso bath with dry sea spray water /with sea 20 crystals Thalasso total body wrap (Algoserum 20 "Green tea"/ Algoserum "Remineralizing") Pressotherapy 45 Moisturizing body milk 5 85 Yokibi Intense Hydration Facial Price 210 42 500



AROSHA WRAPS



min rub

AROSHA is an innovative Italian brand with a unique approach to body shaping.

AROSHA is the European leader in body shaping products sold worldwide.

The AROSHA brand is characterized by traditionally high Italian quality, it is easy to use and solves the most difficult problems, the results of which are visible after a short period of use.

#### Key Benefits of Arosha Body Wrap:

- no rinsing required;
- high efficiency proven results!
- highly concentrated lipolytic and drainage formulations;
- a comprehensive solution to the problem of edematous and fibrous cellulite (powerful drainage, inhibition of lipogenesis and activation of lipolysis, normalization of microcirculation, increase in skin turgor, tissue regeneration, lifting);
- 100% painless, no discomfort during and after the procedure: isothermal effect;
- ease of use and hygiene (bandages are impregnated with the composition in individual packaging);
- combination with massages and hardware techniques is possible.

#### Wrapping NIO DRAIN innovative program for the correction of edematous cellulite

This is a powerful lymphatic drainage complex that helps remove excess fluid and waste products of metabolism from tissues. The relief of the skin is leveled, the tone is strengthened, puffiness and bruises are eliminated.

#### AROSHA FIBROCEL wrap against fibrous cellulite

The main effect is based on lipolysis - the breakdown of body fat. The complex is a powerful fat burner, helps to cope with the "orange peel". Improves cellular metabolism, microcirculation and lymph outflow, thereby making the figure slimmer.

#### AROSHA ACTIVE UP body wrap

A unique complex that activates cellular regeneration, the synthesis of collagen fibers and the removal of waste products of metabolism. After the procedure, the skin becomes more toned and elastic, moisturized and smooth, The program perfectly helps in the fight against stretch marks (stretch marks).

#### AROSHA DETOXY wrap

The unique professional program is designed to carry out the most important stage in the therapy of cellulite - the removal of toxins from tissues and reduce the accumulation of metabolic products. After the procedure the processes of "self-purification" of cells are activated, as well as tissue oxygen saturation. The skin becomes smooth, radiant and ready for subsequent silhouette modeling procedures.

#### 55 9 000

9 000 55

55

55

9 000

9 000

	min	rub
AROSHA NIO DRAIN press therapy wrap against edematous cellulite	55	12 000
AROSHA FIBROCEL pressotherapy wrap against fibrous cellulite	55	12 000
AROSHA ACTIVE UP press therapy wrap for silhouette shaping	55	12 000
AROSHA DETOXY press therapy wrap for silhouette shaping	55	12 000



	quantity	min	rub
SPA Day program			
Thalasso peeling	1	30	
Thalasso hydropower complex	1	55	
Body massage of your choice (toning, lymphatic drainage, relaxing)	1	85	
Alginate face mask	1	30	
Access to the aqua and fitness areas of the spa			
Price			40 500
Detox Day Program			
Soaring on a fir tree (the price includes: 3 visits of a bath attendant, cold and warm fonts, fir flooring (10 paws), fir head covering, herbal steaming in the steam room, bath tea, 2 types of honey)	1 g	120	
Lymphatic drainage body massage	1	85	
Facial treatment with lymphatic drainage massage and alginate mask	1	55	
Access to the aqua and fitness areas of the spa	1		
Price			55 000 rubles per person, 91 500 rubles - for two

	quantity	min	rub
Program for two "Mergence of Elem	nents"		
Thalasso hydropower complex	2	55	
Relaxing body massage	2	55	
Facial treatment with lymphatic drainage massage	2	55	
Price			76 500
The program "Warrior's Rest" for h	im		
Toning body massage	1	85	
Facial treatment with lymphatic drainage massage	1	55	
Price			27 500



MASSAGE

min	rub

### Massage

Foot and hand massage	30	7 000
Massage for pregnant women	30   55	7 000   11 300
Head massage	30	6 300
Toning massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Relaxing massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Lymphatic drainage massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Sculpting massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Sports massage	30   45   55   85   115	7 000   10 300   11 300   15 600   20 500
Supplement for in-room massage		2 000
Couple massage for two	55   85	24 600   33 200



**ICOONE LASER** 

min rub

ICOONE LASER is an innovative device that combines three of the most modern technologies: ROBODERM, LED lifting and laser lipolysis. It is intended to treat various skin defects and has an effective effect on tissues in the subcutaneous lavers

ROBODERM is the only technology in the world capable of producing multimicroalveolar stimulation through a series of microholes present on the surface of microstimulators located on icoone nozzles. The microstimulators rotate back and forth, producing precise, targeted non-invasive stimulation of the entire structure of the skin, even its smallest areas; device produces up to 21,600 microstimulations per minute. This helps combat visible skin imperfections such as cellulite, sagging, bumps and wrinkles.

LED lifting. The use of laser and LED radiation allows you to achieve fast and focused results. LED lifting with a wavelength of 650 nm stimulates the production of collagen and elastin, improves microcirculation and promotes tissue

Laser lipolysis with a wavelength of 915 nm activates fat cells and helps to reduce cellulite, tones and thickens the skin of the body.

#### Effect of the Icoone Laser procedure:

- improvement of blood circulation in tissues;
- elimination of swelling;
- elimination of local fat deposits;
- skin rejuvenation and lifting;
- getting rid of cellulite;
- health improvement of the body, relaxation;
- improvement of skin condition after liposuction;
- support during and after pregnancy to reduce swelling and restore skin tone and elasticity.

#### Contraindications:

- cancer:
- infectious diseases and chronic in the exacerbation stage;
- grade III varicose veins;
- thrombophlebitis.

Icoone Detox/Strong Immunity	40	9 900
Icoone Healthy Sleep	40	9 900
Icoone Male Power	40	9 000
Icoone Relax	40	9 000
Icoone Attack on cellulite	60	11 300
Icoone Slim Silhouette	60	11 300
Icoone Lymphatic drainage (face, neck, cleavage)	30	6 000
Icoone Makeover (face, neck, cleavage)	50	11 000
Suit for Icoone		1 500

	min	rub
Unique program "Dream Figure"		
Icoone hardware massage	60	
Japanese detox - Iyashidome module	40	
Arosha Bandage Wrap	40	
	140	24 570
Course passes		
10 treatments (suit for Icoone as a gift)	400	89 100
10 treatments (suit for Icoone as a gift)	600	101 700



	час	руб.
Soaring on a fir		
1 person   1 attendant	2 hours	30 000
2 persons   1 attendant	3 hours	40 000

The price includes: 3 visits of the attendant, cold and warm fonts, fir flooring (10 feet), fir head covering, herbal teas in the steam room, bath tea, 2 types of honey.

• Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

#### Soaring "Royally"

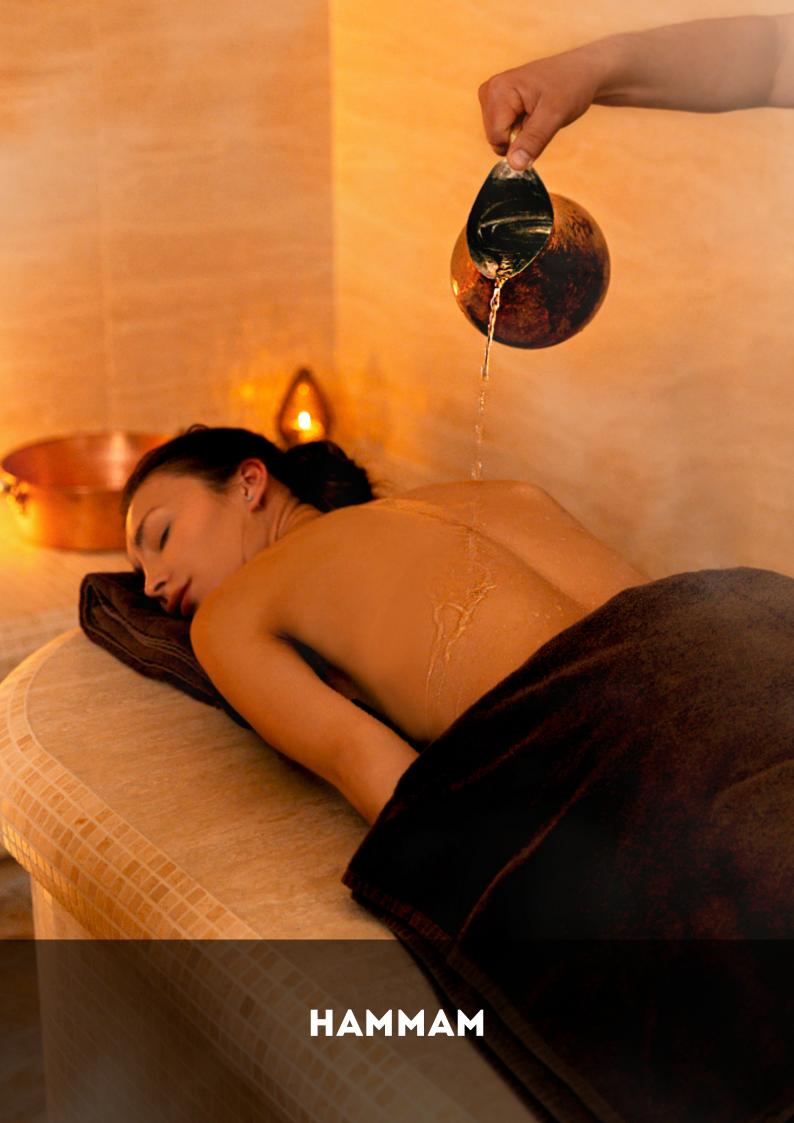
1 person   1 attendant	3 hours	45 000
1 person   1 attendants	3 hours	55 000
2 persons   2 attendants	4 hours	65 000

The price includes: 5 visits of the attendant, cold and warm fonts with herbal infusions, fir flooring (10 paws), fir covering the head, herbal infusions in the steam room, peeling, washing, soaring with juniper, bath tea, 2 types of honey.

• Upon completion of procedures after 22:00, an extra charge of 15 000 is applied to the check

<sup>\*</sup> To order a second attendant, advance booking is required

	min	rub
Additional services in the bath		
Additional visit of the attendant to the steam room	15	4 500
Second bath attendant for the Fir Soaring program*		15 000
Herbal teas in the font	15	2 000
Soaring with juniper	15	3 000
Bath peeling (honey, salt)	30	3 000
Body shakes (lemon and grapefruit)	15	5 500
Washing in the bath		2 500
Cleopatra's font (milk, honey)		7 500
* To order a second attendant, advance booking is required		
Services included in the programs:	Soaring on a fir	Soaring "Royally"
Number of visits attendant	3	5
Herbal steaming in the steam room	+	+
Cold and warm tubs	+	+
Fir flooring (10 paws)	+	+
Fir head cover	+	+
Bath tea	+	+
2 types of honey	+	+
Soaring with juniper	_	+
Bath peeling (honey, salt)	_	+
Washing in the bath	_	+
Herbal teas in the font	_	+
Body shakes (lemon and grapefruit)	_	_
Cleopatra's font (milk, honey)	_	_





hour rub

The ritual immerses you in the unique atmosphere of the oriental hammam and reveals the unique secrets of beauty. Deep cleansing and hydration leaves skin smooth and radiant like silk. Natural products used for the ritual eliminate dryness and irritation. Ethnic notes of the ritual are transferred to an oriental fairy tale, give physical and psychological relaxation and incomparable pleasure.

#### Moroccan hammam care with LA SULTANE DE SABA cosmetics

#### Ritual steps:

\* Water procedures

(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)

\* Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.

This stage is necessary for deep cleansing of the skin and preparation for body peeling.

\* Salt gommage: Green tea/ginger, Ayurvedic, Lulur (guest's choice)

Gommage is made on the basis of sea salt with the addition of vegetable, essential oils, perfectly cleanses, nourishes the skin, leaving a delicate aroma on it.

Green tea/ginger. The product consists of sea salt and vegetable oils. When applied to wet, steamed skin, the salt crystals dissolve, the hydrolipidic film is restored, and the skin becomes hydrated. Peeling salt frees the skin from dead cells, eliminates dullness and awakens the glow. By drawing water, circulation improves.

Ayurvedic with an intoxicating aroma of patchouli, amber and vanilla gently cleanses and exfoliates the skin, actively enhances capillary blood circulation. After applying Gommage, the skin becomes smooth, soft and luminous. Suitable for all skin types, including the most sensitive.

Lulur composed of powdered rice and coconut, this gommage gently cleanses the skin, making it soft and enveloping in the light scent of lotus flowers and frangipani. For centuries, gommage has been the traditional treatment for brides in Bali.

\* Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.

Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.

- \* During the wrap, the specialist massages the scalp.
- \* Application of gentle moisturizing body milk.

The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.

\* Herbal tea and relaxation

Price 2 hours 20 000 rub

hour rub

### Imperial hammam on cosmetics LA SULTANE DE SABA

#### Ritual steps:

\* Water procedures

(optional: thermal hammam zone, Finnish sauna, jacuzzi, swimming pool)

\* Warming up in the hammam.

The hot and humid steam of the hammam relaxes, opens the pores and prepares the skin for the next steps. There is a feeling of warmth and bliss.

\* Application of black soap with Eucalyptus and Argan oil to the body, followed by steaming in the hammam.

This stage is necessary for deep cleansing of the skin and preparation for body peeling.

\* Body peeling on a hot stone.

For peeling, an individual Kess disposable glove is used. Peeling very effectively and gently cleanses the skin of dead cells and increases its susceptibility to the beneficial properties of the products of subsequent stages.

\* Mask-wrapping in Moroccan volcanic clay Rassul with Shea butter.

Rassul contains a huge amount of trace elements that have a therapeutic effect not only on the skin, but also on the body as a whole. This important step brings care to perfection. Wrapping allows the active ingredients of these products to work deep into the tissues, the skin of the body becomes soft and hydrated. Shea Butter deeply nourishes and restores tissue structure.

- \* During the wrap, the specialist massages the scalp.
- \* Application on the face of the mask "Ultra-soothing" with Aloe vera La Sultane de Saba.

The presence of juicy Aloe Vera in this light gel mask provides comfort and radiance to the skin, enhances its tone, provides an instant ultra-hydrating effect and protects the skin from dehydration.

\* Relaxing one-hour massage with warm aromatic body oil.

The stage of complete relaxation and rest of the whole body. The choice of one of the intoxicating oriental aromas of massage oil will be offered to you before the start of the ritual.

\* Application of gentle moisturizing body milk.

The final stage of care is the application of moisturizing milk to the body, enriched with valuable natural ingredients, natural plant extracts and essential oils.

\* Herbal tea and relaxation

Price 3 hours 30 000 rub

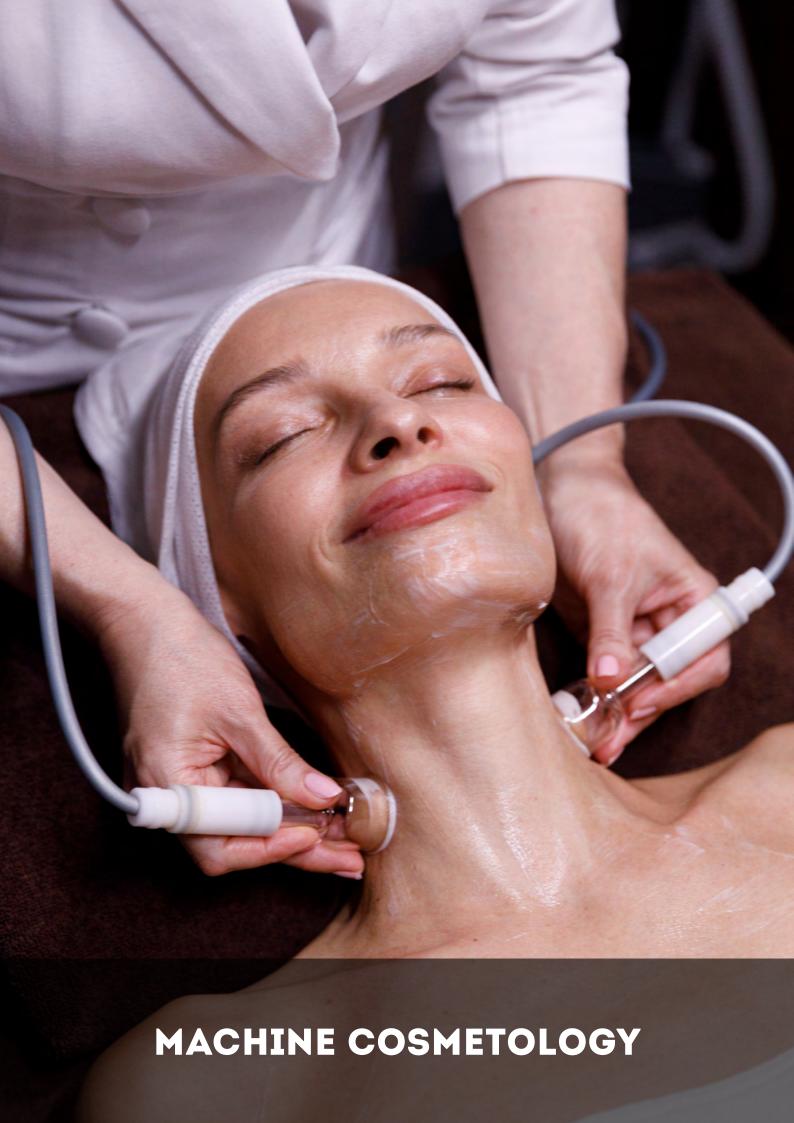


min rub Aesthetic cosmetology Face cleaning 60 90 9 400 | 14 000 5 000 Facial cleansing (addition to facial treatment) 30 Facial massage 30 5 500 Alginate mask (make-up remover, mask, toning, cream) 30 6 500 5 000 Collagen mask 30 Carboxy mask 30 7 000 Author's massage (Buccal) 90 14 000 Facial treatment with lymphatic drainage massage 55 15 000 Caring for the skin around the eyes 30 7 600

	min	rub
La-Cerarl Facial Skin Treatments (J	apan)	
"Snow-White Skin" Treatment with Pigmentation Removal Effect	85	15 500
Treatment with Hydrogen Mask	85	21 000
Express "Intensive Moisture" Treatment	45	13 000
Yokibi Facial Skin Treatments (Japan	n)	
"Intensive nutrition and recovery" Treatment	85	20 000
"Intensive moisturizing and smoothing complexion" Treatment	85	20 000
Facials on QMS cosmetics (German	ny)	
Care "Cellular renewal"	85	21 000
Express care "Perfection with gouache massage"	40	13 000
Express care "Lifting and modeling of facial contours"	40	13 000

	min	rub
Therapy PRX-T33		
Therapy PRX-T33 (face)	30	10 000
Therapy PRX-T33 (face, neck)	35	15 000
Therapy PRX-T33 (face, neck, decollete)	30	21 000
Aesthetic Procedures with ULTRACEUTICALS Products		
Procedure "Peeling with lactic acid 30%" (face)	30	8 000
Procedure "Peeling with lactic acid 30%" hands	30	8 000
Procedure "Peeling with lactic acid 30%" (face, neck)	30	10 000
Procedure "Almond peeling 40%" (face)	30	8 000
Procedure "Ultracleaning"	90	10 000

	min	rub
Epilation on Australian wax LYCO	N	
Face	30	3 500
Full legs	40	6 000
Shins	30	3 500
Hips	30	3 500
Bikini classic	30	4 500
Bikini Hollywood (deep)	60	6 000
Armpit area	15	2 500
Full hands	30	4 000
Arms to elbow	15	2 500
Back (men)	60	6 000
Lips	5	1 000
Chin	5	1 000



	min	rub
Intraceuticals Oxygen Treatment		
Rejuvenate Essential Care	60	14 000
Opulence Essential Care	60	14 000
Antioxidant Rejuvenation	60	14 000
Peptide Rejuvenation	60	14 000
Retinol Rejuvenation	60	14 000
Vitamin Rejuvenation	60	14 000
Clarity Sensitive Essential Care	60	14 000
Atoxelene Daily Serum (in Addition to any Treatment)		5 000

	min	rub	
Skin Master Plus Ultrasonic Treatment			
Ultrasonic Facial Peel	30	5 000	
Moisture Facial Treatment	30	5 000	
Microcurrent Facial Treatment	30	5 000	
Skin Pigmentation Treatment	20	2 000	
Therapeutic Laser	3	1 500	
Skin Master Plus Total Facial Care	80	11 000	
Moisture Serum (in Addition to any Treatment)	1 pc	2 500	
Bio-Ultimate Gold Microcurrent T	reatment		
Bio-Ultimate Gold Microcurrent Treatment (face)	30	8 000	
Bio-Ultimate Gold Microcurrent Treatment (turbolifting)	60	10 000	
Bio-Ultimate Gold Microcurrent Treatment with collagen mask	40	9 000	
Biomechanical facial stimulation	30   60   90	7 000   12 000   14 000	
Biomechanical facial stimulation with Intraceuticals care	60	20 000	
Photomodulation of the face and decollete area on the LED device	30	7 000	
Darsonval	3-5	2 000	

min rub

## Fractional needle thermolysis on the device Infini

The procedure is carried out all year round, regardless of the time of year and temperature.

Face	25 000
Face, neck	34 000
Face, neck, decollete	46 000
Neck	17 000
Decollete	20 000
Body areas	
up to 1 000 steps	18 000
up to 1 500 steps	26 000
up to 2 000 steps	33 000
up to 3 000 steps	42 000
up to 4 000 steps	46 000
local zone 5 x 5 cm	3 000
local zone 10 x 10 cm	6 000
The back of the neck or scalp	20 000
Treatment head	6 000

min rub

#### Radiofrequency Lifting and Lipolysis with Exilis 360

Body Lifting (1 zone)	8 000
Body Lipolysis (1 zone)	12 000
Face (1/3) or Neck Lifting	8 000
Face Lifting	20 000
Face, Neck, Decollete Lifting	28 000
Neck, Decollete Lifting	14 000

#### Body Modeling with Emsculpt

1 zone	25 000
1 zone (course of 4 procedures)	90 000

#### Skin Texture Correction with X-Wave

7 000 pulses 5 000

#### Pressotherapy 30 | 45 5 000 | 7 500

	min	rub
Sharm Biomechanical stimulation		
Face Biomechanical stimulation	30	7 000
Face Biomechanical stimulation	60	12 000
Face Biomechanical stimulation	90	14 000



# MEDICAL COSMETOLOGY

	min	rub
Contour Plastic		
Juvederm Ultra 3		35 000
Juvederm Ultra 4		40 000
Juvederm Volift		35 000
Juvederm Ultra Smile		25 000
Art filler Fine lines		30 000
Art filler Universal		36 000
Art filler Volume		41 000
Art filler Lips		36 000
Belotero Soft		20 000
Data lineary Taxing		
Botulinum Toxins		
Dysport 1 unit		350
Hyperhidrosis (Dysport 300 units)		45 000
Mesobox (biorevitalizant + Dysport 60 units)		35 000
Biorevitalizants		
Meso Wharton, Meso Xanthin, Princess Rich		25 000
Novakutan Sbio		25 000
Profhilo		40 000
Collagen stimulators		
Spherogel Light eyelids		12 000

	min	rub
Polylactic acid		
AestheFill		50 000
NRG 200mg face, neck		40 000
Bmatrix 3ml face + eyelids		20 000
Bmatrix eyelids 1ml		10 000
Face modeling		
Radiesse 3.0ml		60 000
Radiesse 1.5ml		40 000
Lipolitics		
MesoSculpt C71		25 000
Mesotherapy		
hair loss (Hair X Hydro Line) 2 ml		8 000
acne treatment HairX 2ml		8 000
acne treatment HydroLine 2ml		8 000
Immunotherapy		
Melsmon 1 ampoule		9 600
Melsmon 2 ampoules		17 280
Melsmon course 2 ampoules × 10 procedures		155 520
Plasma therapy		
PRP Regenlab yellow tubes		30 000
PRP Regenlab red tubes		23 400
PRP Regenlab blue tubes		23 400

	min	rub
Local anesthesia		1 500
Injection anesthesia		1 500
Conduction anesthesia		1 500
Treatment for hypercorrection with hyaluronic acid		1 000
Cannula (1 pc.)		1 000

min rub Fractional Skin Rejuvenation (Pixel 2940) 60 34 800 Face Neck 60 21 000 Decollete 23 400 60 Face, Neck and Decollete (complex) 150 58 800 Mouth Area 50 10 300 Eye Contour Area 50 10 300 Forehead 50 10 200 Middle and Lower Face 80 16 800 Hands 60 16 800 Stretch Mark Removal (1 session). 30 4 200 One Zone Area is up to 10x1,5 mm Scar Removal (1 session). 30 4 200 One Zone Area is up to 5x1,5 mm Problem Areas 10x10 mm 30 16 800

min rub

# Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540 Module)

Face	30	16 500
Forehead	10	7 000
Middle and Lower Face	20	13 000
Neck	15	11 800
Decollete	20	12 000
Face and Neck	30	20 000
Face, Neck and Decollete (complex)	40	29 000
Hands	10	15 000
Shoulder	15	18 500
Forearm	15	18 500

min rub

### "2-in-1" Procedure: Vascular and Skin Pigmentation Disorders Treatment (VP AFT 540) Module and Fractional Skin Rejuvenation (Pixel 2 940 Module)

Face	90	31 500
Neck	60	17 800
Decollete	60	20 000
Face and Neck	120	39 000
Face, Neck and Decollete (complex)	150	55 000
Lower Face	60	11 500
Middle and Lower Face	75	21 500
Hands	50	22 500
Shoulder	40	32 000
Inner Thigh	90	55 000
Other Body Parts (One Zone is up to 1 cm²)	-	2 000

min rub

## Dilated Capillaries and Vessels Welding (1064 Module)

Body Parts (one zone is up to 1 cm²)	-	4 500
Nose	10	7 500
Cheek-Bones	15	11 000
Forehead	15	11 000
Decollete	20	11 500

min rub

## Alma Lasers Soprano Hair Removal Laser

Face	9 000
Cheekbones	5 400
Upper lip	3 360
Chin	3 360
Auricles	3 360
Temple area	2 220
Lower third of the face	6 720
Neck	6 240
Collar zone	9 000
Neckline (women)	6 720
Back (female)	16 800
Back partially (male)	25 200
Full back (male)	43 200
Chest (male)	10 080
Midline of the abdomen	3 960
Belly (female)	10 080

	min	rub
Bikini line (women)		9 000
Deep bikini		13 800
Inguinal zone (men's classic bikini)		9 000
Buttock area		13 440
Inner thighs		7 800
Hips		20 160
Shins		17 880
Legs (thighs, shins)		31 200
Foot lift		2 220
Toes		2 220
Fingers		2 220
Hands		4 440
Arms from hands to elbow (female)		9 840
Arms from hands to elbow (male)		13 440
Shoulders		9 840
Arms (hand, forearm, shoulder) (female)		17 880
Arms (hand, forearm, shoulder) (male)		21 240
Armpits		7 800



min rub

## Hairdressing Services

Haircut Correction	3 500   4 000   4 600
Ladies' Haircut (Hair Styling Included)	7 000   8 500   10 000
Gentlemen's Haircut (Hair Styling Included)	7 000
Blow-Drying	2 500
Trim	3 500
Children's Haircut (under 7 years old)	2 700   3 400   3 600
Fringe Correction	1 500
Ladies' Blow Dry	6 100   6 600   7 100
Gentlemen's Blow Dry	4 000
Children's Blow Dry (under 7 years old)	2 000
Evening Blow Dry	9 900   11 800   13 900
Complex Blow-Dry	7 500   9 000   10 500
Beard, Moustache Correction	2 500
Braiding	5 000
Hair Wash	1800

min

rub

Hair Dying		short   medium   long hair
Coloring (tone on tone)		10 500   11 000   12 400
Coloring (complex)		11 500   13 100   14 700
Coloring (roots)		8 400   9 600   10 800
Toning		9 100   10 300   11 800
Highlighting		9 600   11 100   12 600
Decapitation (color removal)		3 000   3 600   4 500
Preparing for coloring		5 400   5 700   6 300
Hair Treatment		
ORIBE Treatment "Gold Lust"		8 100   9 100   9 600
Sarina Key Treatment		9 500   10 000   10 500
La Biosthetigue Treatment "Hydration and Nutrition"		9 500   10 000   10 500
Oil wrap La Biosthetique		9 500   10 000   10 500
Peeling "Health of the scalp"	15	3 400
Ampoules La Biosthetique based on silk		2 600
Ampoule for hair strengthening La Biosthetique		2 600
Ampoule of Ales Kydra		2 200
Kydra Jelly Gloss Gloss Gel "Blex & Care"		1 500

	min	rub
Makeup		
Makeup Express/Natural/Natural/Light		5 000
Day makeup		7 000
Evening make-up		10 500
Wedding make-up		20 000
Eyelashes for makeup (bundles)		2 000
Applying Air-Brush Foundation		3 500
Makeup master class (2 hours)		17 000
Eyebrows and eyelashes		
Eyebrow correction (tweezers /thread)	20	3 300
Eyebrow coloring (dye /henna)	20	2 500   3 300
Eyelash coloring (dye / henna)	20	2 700   3500
Eyebrow lamination	40	8 000
Removing eyelash extensions	20	2 300
Eyelash lamination	60	9 500
Eyelash extension	120	10 000
Eyelash extension correction	60	5 000



MANICURE AND PEDICURE

min rub

## $Hand\mbox{-} Care\ Treatments\ with\ La\ Ric\ and\ Jessica\ Products$

		Specialist	Senior Specialist
Manicure Lux	60	4 000	5 500
La Ric Pearl Manicure with Pearl Extract	90	-	6 500
La Ric Luxury Manicure	90	5 000	6 000
Jessica Nail Polish	15	1000	1 300
French Nail Polish	25	1 500	2 500
Tom Ford/Smith & Cult Nail Polish	15	1 500	2 000
Medical Nail Polish	10	1 000	1 000
Gentlemen's Manicure	60	4 000	5 500
La Ric Homme Manicure	90	4 600	6 500
La Ric Homme Manicure «Louis XIII»	90	_	18 500
La Ric Hand Spa Treatment (Rose-Petal Aroma Bath, Scrub, Mask, Liquid Glove)	40	3 000	3 500

	min		rub
		Specialist	Senior Specialist
Nail Buffing	10	800	1000
Nail Shaping	15	1000	1 500
Gel Polish	30	2 900	_
French Gel Polish	30	3 800	_
Removal	20	900	_
Polygel Gel Nail Restoration (1 item)	30	1000	_
Glue Nail Repair (1 item)	10	- 1	1 000
Nail Plate Strengthening (gel)	30	2 500	_
Nail Design (1 nail)	10	700	_
Nail Design with Crystals (1 nail)	15	1 500	_

min rub

#### Foot Care

		Specialist		Senior Specialist
Pedicure Lux	90	6 300		9 000
Smart pedicure	90	6 300		_
Medical Pedicure (treatment of hyperkeratosis or ingrown nail removal)	120	9 500		12 000
La Ric Pearl Pedicure with Pearl Extract	90	_		9 900
La Ric Luxury Pedicure	90	8 000		10 000
La Ric Homme Pedicure	90	8 000		11 000
La Ric Homme Pedicure «Louis XIII»	90	_		25 000
Foot Spa Treatment La Ric (Rose-Petal Aroma Bath, Scrub, Mask and Liquid Glove)	40	3 500		4 000
Ingrown Nail Removal		1500		2 000
Titanium Thread	20	4 000		_
Fraiser wire	90	8 500		_

